



Find this page online at www.coolrunning.com/results/10/me/Nov11_Capita_set1.shtml

Capital City Veterans Day 5K

Augusta, ME, November 11, 2010

Results

Courtesy of the Sub5 Web Site

For more race information, see [Maine Running Photos for video & photos of the event.](#)



Courtesy of Maine Running Photos

Capital City Veteran's Day 5K - 11/11/2010
 Cony High School
 Last Completed Event

Mixed 5000 Meter Run

Comp#	Name	Team	Time	Points
1	180 Jones, Jeff	M40 Unattached	16:13.83	
2	179 Jones, Jonah	M17 Unattached	17:18.39	
3	157 Smith, Alex	M17 Unattached	17:31.30	
4	185 MacDonald, Randy	M38 Unattached	17:52.75	

5	128	McCannell, Kurtis	M22	Unattached	18:24.41
6	165	Drew, David	M46	Unattached	18:36.03
7	164	Kimball, Rosalea	W39	Unattached	18:45.89
8	112	Cotnoir, John	M40	Unattached	18:56.34
9	190	Poulin, Christian	M42	Unattached	19:00.25
10	192	Kimball, Seth	M22	Unattached	19:21.99
11	122	Laverdiere, Luke	M10	Unattached	19:25.38
12	120	Hein, Michael	M40	Unattached	20:10.19
13	106	Bonderud, Mark	M51	Unattached	20:20.84
14	149	Wheaton, Marie	W30	Unattached	20:23.19
15	130	Menendez, Tom	M57	MTC	20:43.20
16	173	McKee, Anne	W12	Unattached	20:51.55
17	105	Bertheaume, Guy	M65	Unattached	21:06.57
18	161	Kirby, Tom	M54	Unattached	21:17.33
19	198	Johnston, Mark	M57	Unattached	21:23.71
20	199	Lawson, Amy	W29	Unattached	21:33.18
21	189	Dorko, Allison	W23	Unattached	21:44.91
22	182	Gunther, Thaddeus	M12	Unattached	22:12.78
23	184	Gunther, Katherine	W14	Unattached	22:16.98
24	111	Concaugh, Owen	M11	Unattached	22:19.07
25	156	Preble, Jeffrey	M57	Unattached	22:21.56
26	202	Noah, Dumas	M9	Unattached	22:37.77
27	146	Sawyer, Charles	M68	MTC	22:45.84
28	150	Wilson, Cadyn	W17	Unattached	22:48.32
29	181	Manzer, John	M56	Unattached	22:54.53
30	151	Wilson, Emma	W13	Unattached	23:02.68
31	123	Laverdiere, Simone	W14	Unattached	23:03.19
32	166	Young, David Colby	M58	MTC	23:20.79
33	209	Johnson, Jon	M31	Unattached	23:40.55
34	207	Dang, Luke	M15	Unattached	23:40.88
35	154	Wilson, Taran	W16	Unattached	23:48.64
36	162	Anderson, Laura	W33	Unattached	23:50.23
37	113	Court-Menendez, Nicole	W16	MTC	23:59.90
38	158	Smith, Dennis	M48	Unattached	24:07.20
39	203	Daigle, Holly	W29	Unattached	24:10.24
40	177	Oringer, RJ	M17	Unattached	24:35.17
41	178	Gerety, Matthew	M26	Unattached	24:35.54
42	159	Birch, Samuel	M15	Unattached	24:45.49
43	200	Dumas, Nick	M13	Unattached	24:45.89
44	121	Laverdiere, Danielle	W12	Unattached	24:47.36
45	195	Fitzgerald, Mary Beth	W15	Unattached	24:48.63
46	186	McCarthy, Emily	W12	Unattached	25:07.38
47	204	Watson, Landon	M15	Unattached	25:18.01
48	197	Buxton, Ann	W55	Unattached	25:22.35
49	126	Livingston, Gretchen	W35	Unattached	25:35.56
50	141	Portella, Camrin	M13	Unattached	25:44.92
51	183	Gunther, Jodie	W44	Unattached	26:02.70
52	167	Bergdoll, Evelyn	W45	Unattached	26:19.50
53	140	Portela, Robbe	W46	Unattached	26:23.19
54	107	Call, Toni	W40	Unattached	26:27.42
55	176	Zimmet, Alex	M18	Unattached	26:30.61
56	116	Deering, Mark	M40	Unattached	26:31.31
57	188	McCarthy, Karri	W38	Unattached	26:50.57
58	144	Reny, Mary Kate	W48	Unattached	27:10.75
59	142	Poulin, Joshua	M37	Unattached	27:16.04
60	134	Mills, Nancy	W65	Unattached	27:24.46
61	170	Finison, Karl	M61	Unattached	27:31.62
62	129	McGuire, Jade	W17	Unattached	27:35.98
63	143	Rau, Jane	W61	Unattached	27:41.87
64	152	Wilson, Kim	M40	Unattached	27:50.36
65	193	Kimball, Frank	M54	Unattached	27:59.64
66	115	Deering, Jenniger	W38	Unattached	28:00.63
67	187	McCarthy, Abby	W10	Unattached	28:04.15
68	172	Stabins, Amy	W42	Unattached	28:14.48
69	155	Wright, Kartika	W39	Unattached	28:22.64
70	174	Weiss, Marty	M53	Unattached	28:23.65
71	171	Brooks, Mike	M64	Unattached	28:28.41

72	168	Bergdoll, Eliana	W13	Unattached	28:39.74
73	108	Chubbuck, Stacy	W33	Unattached	28:49.84
74	147	Sawyer, Paula	W61	MTC	28:52.65
75	135	Moore, Jim	M67	Unattached	29:01.58
76	117	Fitzgerald, Misty	W32	Unattached	29:03.15
77	118	Gosselin, Laura	W40	Unattached	29:19.71
78	139	Portela, Bill	M55	Unattached	29:22.75
79	119	Harwood, Linda	W44	Unattached	29:27.20
80	163	Emery, Robin	W64	Unattached	29:32.26
81	169	Bergdoll, Abigail	W13	Unattached	29:43.27
82	103	Beckim, Stacey	W36	Unattached	29:50.48
83	102	Anderson, Don	M53	Unattached	30:10.95
84	194	O'Brien, Ellen	W56	Unattached	30:18.63
85	191	Kimball, Doreen	W46	Unattached	30:22.13
86	201	Pat, Dumas	M45	Unattached	30:32.99
87	109	Cobb, Lynne	W54	Unattached	30:42.23
88	145	Ryder, Jon	M47	Unattached	30:54.71
89	114	Deering, Emily	W15	Unattached	31:26.56
90	205	Gross, Karen	W53	Unattached	31:50.71
91	104	Bennett, Samantha	W30	Unattached	32:23.03
92	125	Lind, Sandra	W43	Unattached	32:33.97
93	208	Nason, Carey	W35	Unattached	32:50.59
94	196	Williamson, John	M57	Unattached	33:17.51
95	136	Orth, Deb	W36	Unattached	33:31.30
96	133	Milliken, Jim	M74	Unattached	33:45.80
97	131	Merrill, Tara	W37	Unattached	33:53.08
98	206	Pare, Tora	W38	Unattached	35:07.35
99	175	Vogelsang, Greg	M16	Unattached	35:21.45
100	101	Amazeen, Helen	W77	Unattached	37:01.00
101	153	Wilson, Susan	W39	Unattached	39:01.28
102	138	Picard, Julia	W54	Unattached	44:58.62
103	148	Soares, Liz	W54	Unattached	58:07.41
104	137	Perry, Priscilla	W70	Unattached	58:09.31