# MAINE TRACK CLUB

JULY 5, 1981

DEAR MEMBER:

THE NEXT MEETING IS THIS THURSDAY - 7:30 PM - AT THE PUBLIC SAFETY BUILDING. ANYONE WISHING A PRACTICE RUN MUST BE THERE AT 6PM.

THE JOHN FYALKA 10K IS A CLUB CHAMPIONSHIP RACE. AGAIN, WE NEED EVERYONE TO RUN. MARATHON SPORTS CLUB HAS OVER 200 MEMBERS NOW + WILL BE THERE FOR SURE !! LET'S GIVE THEM A REAL BEATING. THE CLUB OUTING WILL BE HELD THE SAME DAY STARTING AT 2PM AT THE WASAMSKI CAMPGROUND IN SCARBORO. BRING YOUR OWN GRILLS, FOOD, BEVERAGES, ECT. WE HAVE RESERVED ALL BALL FIELDS, AND A SWIMMING AREA. HOPEFULLY EVERYONE WILL RUN THE CLUB RACE + THEN GO TO THE OUTING A FEW MILES AWAY. PLEASE CALL CHARLIE SCRIBNER 772-5781 IN THE NEXT FEW DAYS TO SAY IF YOUR COMING AND HOW MANY.

THE "CARROLL REED 3 MILE CLASSIC" WILL BE HELD AUGUST 8TH AT 9AM, STARTING + FINISHING AT THE CIVIC CENTER. IF YOU CAN HELP WORK THE RACE, PLEASE CALL AND LET ME KNOW. 772-3617 BRIAN.

THE SAME NIGHT WE WILL HOLD A CLUB SOCIAL AT THE TENNIS RACKET OF MAINE ON OUTTER CONGRESS ST. WE HAVE RENTED THE ENTIRE FACALITY FROM 7PM TO 1AM. THAT INCLUDES 9 TENNIS COURTS, 8 RACKETBALL COURTS. A RECORD HOP WILL START AT 9PM. BEER + DRINKS WILL BE AT LOW COST. TICKETS ARE $4.00 PER PERSON. THIS IS NOT CLOSED TO CLUB MEMBERS. PLEASE BRING AS MANY AS YOUR FRIENDS AS POSSIBLE. TICKETS WILL BE AVAILABLE AT THE MEETING. CALL MERLE HARTFORD 774-1660 FOR TICKETS + MORE INFORMATION. I SINCERELY HOPE THIS IS SUPPORTED BY EVERYONE.

DON'T FORGET THE CLUB INTERVAL WORKOUTS EVERY WED NITE 6PM AT THE PORTLAND STADIUM TRACK. WE WILL CONTINUE THESE

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WORKOUTS UNTIL SEPT, THEN BEGIN DISTANCE WORKOUTS AS A GROUP. THE LAST WED NITE IN AUGUST WILL BE A 1 MILE RUN FOR TIME. EVERYONE WILL GET A TIME AND IT WILL BE IN THE SEPT NEWSLETTER. COME ON DOWN + GET READY FOR THE "ONE MILE SHOWDOWN," YOU HAVE PLENTY OF TIME TO GET READY. IT WILL ALSO BE FILMED, THE ENTIRE 4 LAPS, AND SHOWN AT THE SEPT MEETING.

JULY 19TH - JOHN FYALKA 10K CLUB RACE - GORHAM 12 NOON
- M.T.C. CLUB OUTING - SCARBORO 2PM

AUGUST 8TH - CARROLL REED 3 MILE - CIVIC CENTER 9AM
- M.T.C. SOCIAL - TENNIS RACKET 7PM

IT'S A LOT OF WORK TO ORGANIZE THESE EVENTS, YOU HAVE TO SUPPORT THEM OR WE WON'T LAST AS A CLUB. DON'T FORGET TO CALL CHARLIE SCRIBNER 772-5781 CONCERNING THE CLUB OUTING, AND MERLE HARTFORD 774-1660 THE SOCIAL EVENT.

THE COOK'S CORNER MERCHANTS HAVE DECIDED TO HOLD THE 5 MILE RUN IN OCT. DON'T FORGET THE CLUB HANDICAP RACE IN DECEMBER, SAME COURSE AS FYALKA RACE.

RUN JULY 19TH + GET YOURSELF A GOOD HANDICAP.

SEE YOU SOON.

Brian